



1st newsletter June 2014

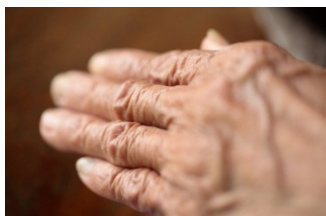
ELMI - Enhancing labour market integration of elderly family carers through skills improving

The challenge

The **progressive ageing** of the population is a problem that nowadays all countries throughout Europe have to face. Therefore also the challenge for the health and social care systems will be very huge and the work of informal carers as major care providers will remain crucial or will become even more important.

Unfortunately the financial crisis have conducted to **shortages of local carers** and therefore also the European Commission in its Ageing Report recommends to put the pressure on the family to insource rather than outsource care so that the informal care can become a valuable resource on the labour market.

*Informal care
is crucial
in Europe!*



Romania, Poland and Czech Republic are three of the European countries where the care for elderly people lies mostly on the family.

Therefore the ELMI project follows the two aims:

- The transfer of an e-learning training course for informal caregivers to *Romania*
- The analysis of its potential transfer to *Poland and Czech Republic*

Aims of the ELMI project

In order to make a valuable contribution to the enhancement of the labour market integration of elderly family carers the **partnership of the ELMI project** composed of organizations from Italy, Romania, Austria, Czech Republic and Poland will offer family carers the opportunity to **strengthen their skills** with an e-learning based course that will be transferred from Italy to Romania and give them not only useful information for their informal caring role but also a solid background to start from when looking for a job in the care field.



First partnership meeting in Carpi/IT

Furthermore, in order to support a qualified **mobility** of Romanian workers to Italy the training acquired by Romanian carers within the ELMI project will be recognized in Italy in the framework of an ECVET Memorandum of Understanding.

A special focus will be placed on...

...the care of elderly with **Alzheimer** dementia. In fact, in Romania there are no national programs or strategies targeted to this category of patients even if the number of persons suffering from dementia is increasing.



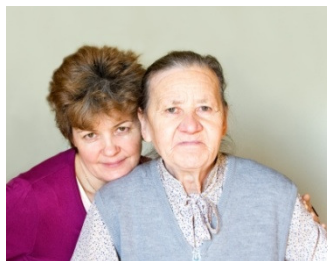
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E-learning course

The main result of the ELMI project will be an **e-learning course** specifically targeting family carers of older persons aiming at the acquisition of skills and competences useful to provide better care but also to reduce the risk of stress and burn out. The Italian course is actually available on the web:

<http://corso.caregiverfamiliare.it>



Improve your care skills!

This **Italian course** is made of 18 didactic units for an overall of 60 hours and each unit includes an assessment test to check the understanding of the contents. The content of the course reaches from questions about how to take care of older persons, how to deal with diseases, how to prevent stress and burn out, how to seek help etc. In Italy the tool has been used by over 300 carers so far.

Next steps

- National workshop in Romania
- Creation of project website: www.elmiproject.eu
- Analysis work on the care situation in RO, PL and CZ

... and the partners will meet again....

- on 7th and 8th October 2014 in Bucharest /RO

Partnership

Please do not hesitate to contact your country's project partner if you have any questions.

HABILITAS CRFP - RO

Contact: Mrs. Ioana Caciula
Email: asoc.habilitas@yahoo.com

ANS - IT

Contact: Mrs. Licia Boccaletti
Email: progetti@anzianienonsolo.it
URL: www.anzianienonsolo.it

SRA - RO

Contact: Mrs. Maria Moglan
Email: mariamoglan011@gmail.com
URL: www.alz.ro

E.N.T.E.R. - AT

Contact: Mrs. Daniela Maresch
Email: daniela.maresch@enter-network.eu
URL: www.enter-network.eu

CCR - RO

Contact: Mrs. Doina Crangasu
Email: doina.crangasu@caritas.org.ro
URL: www.caritas.org.ro

Center for Family and Social Care - CZ

Contact: Mrs. Jana Kotaskova
Email: cpr@prorodiny.cz
URL: www.prorodiny.cz

ULO - PL

Contact: Marcin Gońda
Email: marcin.gonda@uni.lodz.pl
URL: www.uni.lodz.pl