



## 2<sup>nd</sup> newsletter June 2015

### ELMI - Enhancing labour market integration of elderly family carers through skills improving

#### Aims of the ELMI project

In order to make a valuable contribution to the enhancement of the labour market integration of elderly family carers the partnership of the ELMI project composed of organizations from IT, RO, AT, CZ and PL will offer family carers the opportunity to strengthen their skills with an **E-LEARNING BASED COURSE**.

This Italian course\* will be transferred from IT to RO and will give the learners not only useful information for their informal caring role but also a solid background to start from when looking for a job in the care field.

\* <http://corso.caregiverfamiliare.it>



Partnership meeting in Lodz/PL

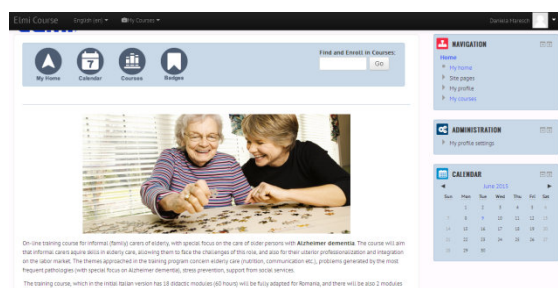
After a comprehensive and efficient preparation work the international partnership is now transferring the e-learning training course for informal caregivers to *Romania, Poland* and *Czech Republic* including all necessary adaptations in order to meet the respective context of the different countries.

The next months will now be dedicated to the pilot-testing in all countries.

#### Learning platform

The on-line training course for informal (family) carers of elderly giving special focus on the care of older persons with Alzheimer dementia can be found under the link:

<http://www.elmicourse.eu/moodle/>



The main aim of the course is that informal carers acquire skills in elderly care, allowing them to face the challenges of this role, and also helps them in their ulterior professionalization and integration on the labor market. The themes approached in the training program concern elderly care, problems generated by the most frequent pathologies, stress prevention or the support from social services.

#### Training course in the Czech Republic

During April and May, the **selection of pilot testers – the informal family carers – was conducted**, according to the project criteria.

The main criteria were:

- 1/ The participants should be caregivers at present time.
- 2/ They should be interested in the work in social sector after the need of care is over.



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3/They should have the access to PC and internet connection.

4/ They should be in a high risk of burnout.

The last condition was tested through "Caregiver burden scale test".

On the 29<sup>th</sup> of May 2015 the **meeting with 10 selected participants** was held in the Girls Catholic School in Prague. The ELMI project and e-learning course was introduced.



The meeting with pilot testers in Prague

The testers get information about the project goals and were instructed **how to use the e-learning platform** (how to log in the moodle and watch the presentation, how to attend the quiz, conditions to get the certificate etc.).

In the next months the testers will attend the e-learning course at home and fill the quiz. If the quiz is filled successfully, the participants will get the Certificate of successful participation.

Later on the testers will provide the feedback that will allow us to evaluate quality and utility of the course and upgrade it accordingly.

Through this newsletter we would like to thank all the testers for their willingness and time!

### Next steps in the project

- Pilot testing until September 2015
- Partnership meeting 1<sup>st</sup> and 2<sup>nd</sup> October in Prague

### Partnership

Please do not hesitate to contact your country's project partner if you have any questions.

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Programul  
Învățare pe tot  
parcursul vieții

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