



2nd newsletter July 2015

ELMI - Enhancing labour market integration of elderly family carers through skills improving

its practical value, for instance special exercises for them and specific advices of how to cope with problematic situations in care. They welcomed the fact that a lot of attention during the course is devoted not only to ward suffering from Alzheimer's disease, but also caregiver himself - his particular situation, difficulties and tips, how to care of his own well-being.



The meeting with family caregivers in Lodz

The 10 family caregivers will follow the ELMI online training course in July and August. The course contains 2 modules: *caring risk of stress and burnout* and *communication and relationship in care*, with 4 units per each.

At the end of the pilot, the pilot testers will participate in feedback session and small survey organized by The University of Lodz to evaluate the course and assess its content.

Next steps in the project

- Pilot testing until September 2015
- Partnership meeting 1st and 2nd October in Prague

Partnership

Please do not hesitate to contact your country's project partner if you have any questions.

HABILITAS CRFP - RO

Contact: Mrs. Ioana Caciula
Email: asoc.habilitas@yahoo.com

ANS - IT

Contact: Mrs. Licia Boccaletti
Email: progetti@anzianienonsolo.it
URL: www.anzianienonsolo.it

SRA - RO

Contact: Mrs. Maria Moglan
Email: mariamoglan011@gmail.com
URL: www.alz.ro

E.N.T.E.R. - AT

Contact: Mrs. Daniela Maresch
Email: daniela.maresch@enter-network.eu
URL: www.enter-network.eu

CCR - RO

Contact: Mrs. Doina Crangasu
Email: doina.crangasu@caritas.org.ro
URL: www.caritas.org.ro

ERA - CZ

Contact: Mrs. Jana Klapova
Email: jana.klapova@eracr.cz
URL: www.euda.eu

ULO - PL

Contact: Mrs. Monika Chmielecka
Email: chmielecka.monika@gmail.com
URL: www.uni.lodz.pl